

Methodological Preparation of a Within-Subject Audiovisual Cognition, Reception and Perception Study

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Abstract

In the past decade, cognitive empirical AVT research has been on the rise. The majority of these studies are between-subject studies, focused on subtitles for the deaf and hard of hearing (SDH). The few experimental studies that are aimed at other audiences tend to have small sample sizes. Within-subject studies are rarely used in experimental AVT cognition, reception and perception research, although they can increase statistical power due to the repeated testing and shed light on the idiosyncratic nature of the matter. This paper pleads for the introduction of complementary within-subject designs by illustrating the contrasts between the within-subject and betweensubject research design. Drawing from the broader spectrum of Translation Studies and the case of the Subtitles for Access to Education (S4AE) research project, this paper highlights obstacles in the preparation of a within-subject AVT cognition, reception and perception experiment and proposes a possible approach to prepare similar within-subject AVT studies.

Key words: audiovisual translation (AVT), research design, withinsubject design, methodology, cognition, subtitle reception, subtitle perception.

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1. Introduction

Audiovisual translation (AVT) has become a booming and multi-faceted research field over the past decades (Díaz-Cintas, 2020). The start of the new millennium saw the emergence of cognitive and empirical AVT studies, which tend to focus on subtitles for the deaf and hard of hearing (SDH) and audio description (Díaz-Cintas, 2020). Experimental research into the reception of AVT for other audiences and purposes other than language learning remains scarce (Díaz-Cintas, 2020; Díaz-Cintas & Szarkowska, 2020). However, as Díaz Cintas and Szarkowska (2020) point out, there is a need for such experimental research as it not only allows us to test new practices, but also enables us to verify old assumptions and theories. This research could "feed back straight into professional practices and processes" (Díaz-Cintas, 2020, p. 222). These scholars also underline the importance of sound methodologies, replicability and reproducibility in said research.

Adhering to the aforementioned importance of methodological transparency, replicability and reproducibility, the aim of this paper is to present the methodological preparation of a large-scale, within-subject (repeated measures) study into the reception and perception of and cognitive load posed by subtitles, the so-called Subtitles for Access to Education (S4AE) project. This article follows in the footsteps of a number of publications that lay out possible methods and methodologies or recommend certain approaches for experimental AVT reception research (e.g., Doherty & Kruger, 2018; Kruger et al., 2016; Kruger et al., 2015). Another important precursor is the position paper by Orero et al. (2018), which can be used as a solid guideline for research as it lists many previously conducted AVT studies, proposes numerous measurement tools and recommends various approaches and research designs. One design, however, receives relatively little attention in these publications, namely the within-subject design. What is more, within-subject designs appear to be scant in AVT cognition, reception and perception studies (for brevity purposes: AVTCRP studies) as a whole, with exceptions such as Jensema et al. (2000), Tsaousi (2016), Montero Perez (2019) and Liao et al. (2020). Slightly more frequent is the use of mixed designs, including both within-subject and between-subject components, e.g., Orrego-Carmona (2015), Gerber-Morón and Szarkowska (2018) and Szarkowska and Gerber-Morón (2018a, 2018b). These are, however, also limited in number. This article aims to shed light on the advantages and drawbacks of a within-subject design and the possible challenges that arise when preparing such a study.

This paper is structured as follows: Section 2 elucidates the contrast between within-subject and between-subject designs, based on literature sourced from the broader field of Translation Studies. In Section 3, the design of the S4AE project and the methodological preparations are explained in detail. The paper concludes with some methodological recommendations for future within-subject studies as well as a discussion of some limitations in our study.

2. Designs in Experimental AV Cognition, Reception and Perception Studies

The design of any experimental study is determined according to the main research question. Balling and Hvelplund (2015) classify three types of research design: (a) an independent (or between) groups design, comparing two groups; (b) a within-subject (repeated measures) design, examining the same group in various conditions; and (c) a functional relations design, focusing on relations between variables rather than participants' behaviour in various conditions. Combinations of these designs, mixed designs, are also possible. In this paper, we will mainly focus on the repeated measures design, contrasting its characteristics with the between-subject design. We chose this focus as we expect most readers to be familiar with between-subject designs, but not necessarily with within-subject designs, especially given the scarcity of such designs in experimental AVT research. For the basis of this paper, we draw from both research in AVT as well as from the broader field of Translation Studies.

A between-group (or between-subject) design is commonplace in AVTCRP studies. It tests different participants in various conditions or in one condition. There are numerous ways to plan a between-subject design, ranging from using a test group and control group in a regular and doctored condition (e.g., Bisson et al., 2014; Kruger & Steyn, 2014; Montero Perez, 2020; Szarkowska et al., 2011) to testing of participants by comparing conditions without control groups (e.g., Moreno & Mayer, 2002; Perego et al., 2010; Vulchanova et al., 2015). In contrast, a within-subject (or repeated measures) design is an experimental design in which the same participants are tested a number of times. Again, the specifics may vary depending on the research goal. Researchers can, for example, test the same participants in multiple conditions to examine how varying situations influence the participants (e.g., S4AE project, see Section 3.1) or they can compare before and after data in one condition (e.g., Montero Perez, 2019). All tests may take place in one session (e.g., pilot tests of the S4AE project) or may span over a longer period of time to assess developments (e.g., Moreno et al., 2011).

These designs have various contrasting advantages and disadvantages. The largest advantage of a within-subject design is the mitigation of variability due to the same participants being used for each condition (Mellinger & Hanson, 2017, p. 137). As a result of this lowered variability, the number of participants required to make reliable conclusions is smaller as well, which may be interesting for participant recruiting and possible recruiting costs as well. Between-subject designs are limited in their ability to account for differences between participants, which reduces statistical power in the case of smaller sample sizes (Mellinger & Hanson, 2017). Díaz-Cintas (2020, p. 7) stated that limited sample sizes are a present problem in the few experimental AVTCRP studies that are not focused on SDH. Complementary within-subject designs could therefore be a possible means to increase validity and reliability in experimental AVT research. Though the repeated testing might increase internal validity (i.e., accurate measurement), and reliability (i.e., experimental replicability and reproducibility) to some extent by repeatedly confirming certain findings, revealing patterns or showing consistency, it reduces external validity, i.e., ecological validity, as it is evidently conducted in a more experimental setting compared to a between-subject study (Frey et al., 1991; Saldanha & O'Brien, 2013, p. 33). The mitigation of personal variability can also be of benefit for the idiosyncratic

nature of particular research topics, such as perception and cognition, which we expect to be different for every individual. Within-subject designs could filter out any of these undesired individual influences and could, in combination with biographical surveys or participant profiling, also help identify influencing factors. In sum, within-subject designs would be a viable option to strengthen studies with smaller samples and mitigate, and possibly identify, influences resulting from personal differences. These two advantages have already been highlighted by Bernardini in 2001, when she addressed the frequent use of between-subject designs in TAP (Think-Aloud Protocols) based translation process research, often conducted with a very limited number of participants. Another advantage of a within-subject design is that it generally does not require control groups, which reduces the chance of contamination. Contamination occurs when an experimental group (un)intentionally passes on essential information about the experiment to the control group or vice-versa, which may mask the actual effects of what is tested. The reduced chance of contamination in within-subject designs can be considered a substantial advantage. It is nevertheless difficult to estimate how realistic and/or frequent this risk of data contamination is, since there have not been any reports – to our knowledge – in AVT research.

However, a within-subject design also has a number of drawbacks in contrast to a between-subject design. One contrast is the time required to adequately set up and execute an experiment. As Section 3.2 will reveal, it takes considerable effort to prepare a within-subject study compared to a betweensubject study. The repeated testing also lengthens the experiment. Another contrast is that due to the extended length, a within-subject experiment becomes more prone to attrition and data loss (Mellinger & Hanson, 2017, pp. 7, 105). In the case of multiple tests at different points in time, participants may simply not be present for the repeated tests. Additionally, multiple tests increase the chances of data being unusable, especially in the case of eye tracking with poor calibration or low tracking ratios. A third drawback of the repeated testing is the influence of certain confounding variables (Charness et al., 2012). Mellinger and Hanson (2017, pp. 7, 105) distinguish three of these variables: (a) fatigue, (b) order effects, and (c) carryover effects. The multitude of tests can be tiresome for participants, which in turn may lead to decreased concentration and/or motivation, especially in later stages of the experiment. The participants' behaviour may also be different dependent on the order of the tests. Carryover effects imply that participants learn and improve over the course of an experiment, e.g., by conversing with one another, reading/watching relevant material (outside the experimental design) or becoming familiar with the way of testing, which may result in higher scores in later stages. Evidently, these confounding variables can significantly influence the results of a within-subject study, whereas they are less important in a between-subject study. One common solution is to employ counterbalancing. Nevertheless, Mellinger and Hanson (2018, p. 16) warn these confounding variables may still be present.

3. Project Preparation

3.1. Research Background, Goal and Design

To introduce the S4AE project, we would first like to illustrate its research background. Following modern globalization and migration, higher education institutions (HEIs) face increasingly multilingual and multicultural audiences. To cater to these audiences, many HEIs are starting to use English as a medium of instruction (EMI) (Wächter & Maiworm, 2014). The introduction of EMI, however, may have a negative impact on comprehension, cognitive load and retention for students less proficient in L2 English. Subtitles might help to overcome these language barriers and make EMI lectures more accessible. However, adding subtitles to the classroom implies that students suddenly must process a new source of visual information alongside the already present audiovisual information from the lecturer, the lecture slides, the whiteboard, etc. This increases the amount of information that needs to be processed and might thus be more cognitively demanding for students. Delving into this matter, the S4AE project builds on three previous studies exploring the effects of subtitles on comprehension and cognition in a standard educational context (Chan et al., 2019; Kruger et al., 2014; Kruger & Steyn, 2014) and aims to answer the following question:

To what extent do the presence of subtitles (present/not present), the subtitle language (L1/L2), the level of L2 proficiency and the students' prior knowledge influence (1) the (perception of) cognitive load and (2) the comprehension and retention of an L2 English lecture?

To answer this question, the S4AE project can build on considerable between-subject AVT research¹ focusing on subtitle processing by the viewer (e.g., Bisson et al., 2014; Colm, 2008, 2009; de Linde & Kay, 1999; d'Ydewalle & De Bruycker, 2007; Kruger, 2013; Hefer, 2013a, 2013b; Kruger et al., 2018; Kruger et al., 2013; Moreno, 2017; Perego et al., 2018; Perego et al., 2010; Gerber-Morón et al., 2018; Perego et al., 2016a; Perego et al., 2016b), in which various approaches are used, e.g., eye tracking, electroencephalography, functional magnetic resonance imaging, self-report psychometric questionnaires, dual-tasks and recognition tests. Many of these studies also examine the effects of subtitles on comprehension and retention, which is also of interest when researching the use of subtitles in EMI classrooms. The existing research has predominantly focused on two aspects: (a) movie comprehension/retention (e.g., Bairstow, 2012; Bairstow & Lavaur, 2017; Birulés-Muntané & Soto-Faraco, 2016; Caffrey, 2008, 2009; Kruger, 2013; Lavaur & Bairstow, 2011; Szarkowska & Bogucka, 2019) and (b) comprehension/retention in a classroom context (e.g., Bianchi & Ciabattoni, 2008; Danan, 1992, 2004; Díaz-Cintas & Cruz, 2008; Montero Perez, 2020; Montero Perez et al., 2014; Moreno & Mayer, 2002; Vulchanova et al., 2015). These studies mainly examine language learning

¹ Due to space constraints, this body of research will only be briefly discussed in terms of approaches and measurement tools.

and as such mostly use vocabulary tests, language proficiency tests, word or scene recognition tests for retention and multiple-choice comprehension tests.

Interestingly, studies into subtitle processing and the effects of subtitles on comprehension and retention in an educational context that is aimed at content and not language learning seem scarce. We know only of the three studies mentioned earlier (Chan et al., 2019; Kruger et al., 2014; Kruger & Steyn, 2014). These use self-report effort, frustration and comprehension questionnaires, comprehension tests and eye tracking. They also distinguish visual attention from actual subtitle reading, using the Reading Index for Dynamic Texts (RIDT) developed by Kruger and Steyn (2014).

Complementing these three (between-subject) studies, the S4AE project revolves around a central within-subject design. However, following the advice of Mellinger and Hanson (2017, pp. 163–164), we extended the initial within-subject design to include between-group independent variables, which in turn allows us to assess the interactions between cognitive load and comprehension, and student L2 proficiency levels and prior knowledge of the subject as well. The inclusion of these variables does not alter the advantages, disadvantages or necessary preparation of a within-subject study that this paper discusses.

In this design, Dutch (Flemish) students will view three different recorded EMI lectures. These lectures will be provided in three conditions: (a) with intralingual (English) subtitles; (b) with interlingual (Dutch) subtitles; (c) with no subtitles. To minimise fatigue, order and carryover effects (Mellinger & Hanson, 2017, p. 105), the order of the lectures and the conditions will be counterbalanced completely. The students will watch the lectures individually in an eye tracking laboratory. Eye tracking will allow us to measure cognitive load and actual subtitle reading using Kruger and Steyn's (2014) RIDT as a complementary tool. After each lecture, the students will fill out an extended version of the psychometric questionnaire on cognitive load validated by Leppink and van den Heuvel (2015) and, subsequently, a comprehension test. Using both a psychometric self-report questionnaire and eye tracking to assess cognitive load allows triangulation of data from objective and subjective measures, as recommended by Orero et al. (2018). One month after the experiment, all participants will complete the same comprehension tests, as well as the eye tracking data, will be correlated with the students' biographical data, language proficiency and learning preferences, which will be collected one month prior to the experiment.

Although within-subject designs, and mixed designs for that matter, remove personal variability, they may be prone to influences originating from the materials used in the experiment. Therefore, meticulous preparation, preferably including pre-testing, and analysis of the materials is required. The aim of this paper is to show how this may be carried out.

3.2. The Ten Steps

A number of preparatory steps need to be taken to ensure the use of comparable materials in a within-subject AVTCRP study to safeguard the validity of future results. Based on our own experiences, we propose to divide the initial process of preparation into the ten distinct steps listed below:

- (a) Careful preparation of materials
- (b) Lecture content and feature analyses
- (c) First pilot study
- (d) Re-evaluation
- (e) Optimization
- (f) Second pilot study
- (g) Production of comparable subtitles
- (h) Subtitles analyses
- (i) Third pilot study with subtitles
- (j) Finalisation of materials

In the following paragraphs, the first six steps will be explained in detail, integrating relevant research. Each step will generate results which (if applicable) might be carried over and integrated into the next step. Given the limited scope of this article, we will focus exclusively on the preparation of the lectures (which can be considered source texts) and the comprehension tests (steps a–f). The complex production, analyses and testing of comparable interlingual and intralingual subtitles are beyond the scope of this paper and will be published in a future article.

3.2.1. Careful Preparation of Materials

Comparable materials are of the utmost importance for a within-subject design. In the S4AE project we examine the effect of no subtitles, interlingual (Dutch) subtitles and intralingual (English) subtitles. This implies we need three lectures that are comparable in content and language (complexity), length, style, etc. Content-wise, all three lectures focused on philosophy, which was realistic and viable, since optional courses in philosophy are part of the study program of the intended participants. Professor Frank Albers, philosophy lecturer at the University of Antwerp, wrote three comparable lectures on the views on inequality of three renowned philosophers, Thomas Piketty, Jean-Jacques Rousseau and Alexis de Tocqueville. The lecture texts were subsequently analysed and recorded (see Section 3.2.2).

In addition to the lecture texts, the measurement tools had to be selected and prepared. We used eye tracking and an (existing) psychometric self-report questionnaire to measure cognitive load (Leppink & van den Heuvel, 2015). This validated questionnaire consisted of eight general questions for which each participant had to rate complexity on a scale from 1 to 10, 1 representing low

complexity and 10 representing high complexity. The first four questions asked about content complexity and as such provided insight into the overall perceived intrinsic load. The last four concerned instructional complexity and thus provided data on perceived extraneous load. To measure retention, we used a (repeated) comprehension test. This tool had frequently been used successfully in earlier AVTCRP research (e.g., Lavaur & Bairstow, 2011; Montero Perez et al., 2014). We designed the comprehension tests as if they were exams for a philosophy course. All three tests consisted of twelve questions and had equal numbers of multiple-choice questions, input questions, memory questions and insight questions². Finally, we used a biographical survey and would employ additional tests in the main experiment, e.g., proficiency tests aimed at assessing listening and reading competences in both English and Dutch and supplementary surveys, to accurately examine the participants' profiles, proficiency level and prior knowledge.

3.2.2. Lecture Content and Feature Analyses

The lecture texts were first compared in terms of readability to ensure their comparability³. To this end, we used the Flesch Reading Ease, the Flesch-Kincaid Grade Level and the New Dale-Chall. The first two calculate readability based on the average sentence length and the average number of syllables per word. The Flesch Reading Ease gives a score out of 100, for which above 90 is considered very easy and below 30 is considered very hard; the Flesch-Kincaid Grade Level indicates the American grade-school level necessary to be able to read the text. Sentence and word length are considered accurate indicators of readability (Smeuninx, 2018), but to include different measures, we also chose to add the New Dale-Chall formula, which calculates readability based on a list of familiar words and the average sentence length and gives a score ranging from 0 to 10 or above corresponding to a grade level (Table 1 reports the grade level). As shown in Table 1, the texts receive very similar scores and are estimated to be difficult texts aimed at twelfth grade (17–18yo) students.

Table 1.

Text Readability Scores

	Piketty (P1)	Rousseau (R2)	Tocqueville (T3)
Flesch Reading Ease	43	41	38
Flesch-Kincaid Grade Level	12	12	12
New Dale-Chall	11-12	11-12	11-12

² We have not released the comprehension tests yet, as they will still be used in various experiments. Please contact the author for a confidential copy if desired.

³ Although the experimental order was completely counterbalanced, the order in which the lectures are discussed in this article will, for consistency, always be Piketty first (referred to as P1), Rousseau second (R2) and de Tocqueville last (T3).

We then analysed the texts using Perego et al.'s (2018) construct for film complexity. These researchers distinguish three types of complexity: (a) structural-informative complexity, i.e., number of cuts as a measure of newly introduced information, pace and total number of one and two-line subtitles, (b) linguistic complexity, i.e., total word count, standardised type-token ratio (TTR), words per minute (WPM), total sentence count and average sentence length, and (c) narrative complexity, i.e., number of film locations, number of characters and number of flashbacks. Structural-informative complexity is not relevant at this stage given the absence of subtitles and cuts. Table 2 shows the relevant indices for linguistic complexity, with the word count and standardised TTR being very similar. Sentence count and length vary, but this is deemed less important as these texts will be recorded as lectures (oral texts). WPM/WPS is discussed below (Table 3). Perego et al. (2018) mention chronology and amount of information as key aspects of narrative complexity. After analysing the texts, we concluded similar information was presented in a comparable order.

Table 2.

Linguistic Complexity

	Piketty (P1)	Rousseau (R2)	Tocqueville (T3)
Total word count	797	798	800
Standardised TTR	0.517	0.451	0.469
Total sentence count	48	56	64
Average sentence length in words	16.604	14.25	12.5

The lectures were subsequently recorded in a recording studio using an identical format. In each of the three lecture recordings, Professor Albers is shown against a black background. This talking head format is, of course, a more artificial setting than a normal classroom environment, i.e., lower external validity, but the research project aims to assess the impact of subtitles in a more controlled environment. Additionally, minimising the effects of the lecturer also reduces extraneous load and increases information transfer following the coherence effect (Mayer & Moreno, 2003). This may enable the students to read and process the subtitles better, which has been shown to correlate directly with performance (Kruger & Steyn, 2014).

Finally, the lecture recordings were analysed. Each lecture is approximately 7 minutes long. The professor does not use hand gestures nor does he cough, he has a constant intonation, rarely stutters and has a relatively constant facial expression across all three lectures. One notable difference from the lecture texts is that the professor tends to explicitly mention quotation marks or add various expressions for indirect speech to signalise quotes. This results in a slightly different total number of words in the lecture. Table 3 shows the length of each recording, the adjusted word count, the overall speech rate in words per second (WPS) and the mean speech rate across 14 intervals of 30 seconds in WPS. Based on these aspects, our team considered the lecture recordings comparable.

Table 3.

Lecture Recordings Indices

	Piketty (P1)	Rousseau (R2)	Tocqueville (T3)
Recording Length (mm:ss)	7:21	7:08	7:25
Adjusted Word Count	833	855	833
Overall Speech Rate (WPS)	1.9463	2.0357	1.9018
Mean Interval Speech Rate (WPS)	1.9500	2.0357	1.9191

3.2.3. First Pilot Study

To verify the conclusions drawn from step 2, a first pilot study without subtitles was set up and conducted in May 2018 with 75 2nd-year students of the BA in Applied Linguistics from the University of Antwerp. They all completed the biographical survey, self-report cognitive load questionnaires and the comprehension tests. Eye tracking, pre-testing and post-testing were excluded to focus on the materials themselves and to keep data analysis feasible. For the statistical analyses, we have one within-subject variable with three levels, i.e., the three lectures, and two independent between-group variables with two levels: the study of English (i.e., studying English in their BA or not) and prior knowledge of philosophy (i.e., having followed an optional philosophy course taught by the professor featured in the lectures or not)⁴. We consistently use mixed ANOVAs as these can compare the mean differences between the lectures and take into account the two between-group variables. However, it is important to note that these between-group variables only provide rough indications of the students' profiles based on the biographical survey since extensive pre-testing (which will be done in the main study) was foregone at this stage. Consequently, we mainly focus on the within-subject effects for all participants and will only briefly discuss interactions with these between-group variables.

A number of conclusions could be drawn from this experiment⁵:

Firstly, T3 appears to induce significantly lower total load (mean of all questions in the psychometric self-report) than P1 and R2 for all participants (Appendix, Table 5.3). The same can be observed for intrinsic load (mean of questions 1-4; Appendix, Table 6.3). In contrast, no significant main effects were found for extraneous load (mean of questions 5–8; Appendix, Table 7.2). As far as interaction effects are concerned, we observed a significant interaction effect between total load and between-group philosophy variable (Appendix, Table 5.2), and between extraneous load ratings and

⁴ The exact participant distributions for each of these variables and the relevant mean ratings and scores can be found in the Appendix, Tables 5.1, 6.1, 7.1 and 8.1.

⁵ Due to space constraints, extensive reporting and statistics were omitted in this section but can be found in the Appendix, Tables 5–8.

philosophy (Appendix, Table 7.2). In terms of between-group effects, those studying English show significantly lower total load ratings than those that do not (Appendix, Table 7.3).

For comprehension, we found a significant main effect of the lectures, but no significant interactions when the between-group variables are considered (Appendix, Table 8.2). It was revealed that participants scored significantly lower on R2 than on P1 or T3 (Appendix, Table 8.3). For the between-group effects, those studying philosophy were found to perform better than those that did not (Appendix, Table 8.4).

In this pilot study, we were mainly interested in the differences regardless of groups, which explains why the comprehension results are particularly problematic. These tests need revising since the lack of comparability might not reside in the lectures but in the comprehension questions themselves. In this light, the overall difference in total load, and consequently intrinsic load, between T3 and the other lectures may also be problematic, since it might indeed hint at a difference between the lectures. However, we believe that data noise could be an issue. By data noise we mean the data produced by participants who did not follow the instructions properly⁶, e.g., a participant rating all psychometric questions with the same number just to be done with the experiment or always choosing the first multiple-choice answer in the comprehension tests. We did not verify whether the participants actually watched the videos or followed the instructions and were therefore unable to filter this possibly conflicting, inaccurate or meaningless data. Accordingly, we will first focus on the revision of the comprehension tests and implement some sort of participant surveillance.

3.2.4. Re-evaluation

Following the results from the first pilot study, all materials were re-evaluated in an attempt to pinpoint a possible cause for the differences. Our team of researchers unanimously agreed that, although T3 could be considered slightly easier content-wise due to it being less philosophical and more focused on political rather than monetary (in)equality, the main problem resided in the comprehension tests and the lack of data noise prevention. Consequently, the need for optimization of the comprehension tests arose.

3.2.5. Optimization

We recomposed the tests in view of our within-subject component. We no longer focused on creating tests similar to actual lecture exams, but instead aimed to strengthen comparability between questions for all lectures, including not only main ideas but also secondary details. Due to a lack of

⁶ Not to be confused with noise in eye tracking data which refers to data being unusable due to signal loss, inaccuracy of the eye tracker, etc.

research on how to develop comparable within-subject comprehension tests, we devised our own approach. First, all originally used questions were considered, disregarding scores, to establish socalled matches (i.e., comparable questions across the three tests), using a large number of variables such as question type, answer type, question length, answer length, in-text location of the first mention of the answer, in-text repetition of the answer and "hearing guesses" (i.e., the probability of guessing correctly based on listening to the lecture). If no match could be found for a particular question, it was discarded. If a match could be found between two lectures only, we explored the possibility of creating a similar question for the remaining lecture.⁷ Consequently, each test contained twelve questions comparable to the questions in the other two tests. Although this may have eliminated undesirable influences from varying degrees of difficulty in the comprehension tests, we expect a possible increase in order and/or carryover effects (Mellinger & Hanson, 2017) and will verify this in statistical analyses. Lastly, we logged mouse activity to check whether participants watched the entire video and monitored participants more closely to prevent inattentive behaviour.

3.2.6. Second Pilot Study Without Subtitles

To test the optimised comprehension tests, we conducted a second pilot study without subtitles in March 2019 with 50 2nd-year students of the BA in Applied Linguistics of the University of Antwerp (33 female; 17 male)⁸. The same within-subject (the lectures) and between-group (English and philosophy) variables from the first pilot study were used. The participants filled in the biographical survey first. Then they watched the three lectures, each time followed by filling in the psychometric questionnaire (Leppink & van den Heuvel, 2015) and the respective comprehension test. As in the first pilot study, mixed ANOVAs were used to analyse the data.

The mean total, intrinsic and extraneous load were relatively similar for all three lectures (Appendix, Tables 9.1, 10.1 and 11.1). Additionally, the average scores for the three types of cognitive load for each lecture individually were very similar to the scores from the first pilot study.

We first analysed the within-subject effects for total load (Appendix, Table 9.1). Maulchy's Test of Sphericity confirmed spherical data, $X^2(2) = 2.879$, p = 0.237; a mixed ANOVA only found a significant interaction effect with the English variable, F(2, 86) = 5.234, p = 0.007, but no significant main effects were found for all participants, F(2, 86) = 2.808, p = 0.066 (Appendix, Table 9.2). No between-group effects were revealed either (Appendix, Table 9.3).

For intrinsic load (Appendix, Table 10.1), Maulchy's Test of Sphericity revealed a violation of sphericity, $X^2(2) = 9.018$, p = 0.011. With a Greenhouse-Geisser correction for non-spherical data, a

⁷ Due to space constraints, in-depth explanations of the question categorisation were not included in this paper. If necessary, contact the author for more information.

⁸ Distributions in Appendix Tables may vary as some scores or ratings were excluded following the data noise filtering.

mixed ANOVA showed no statistically significant main within-subject effect of the lectures on intrinsic load for all participants, F(1.676, 72.074) = 2.913, p = 0.070, and no interaction effects (Appendix, Table 10.2). Furthermore, no significant between-group effects were found (Appendix, Table 10.3).

Lastly, we looked at extraneous load (Appendix, Table 11.1). After assuming sphericity, as Maulchy's test of sphericity revealed spherical data, $X^2(2) = 5.082$, p = 0.079, a mixed ANOVA indicated that the lectures did not significantly differ for all participants in extraneous load either, F(2, 86) = 1.581, p = 0.212 (Appendix, Table 11.2). Furthermore, it only showed a significant interaction between the extraneous load ratings and the English variable, F(2, 86) = 6.567, p = 0.002 (Appendix, Table 11.2). We consider this interaction of the English variable not to be problematic, since more extensive testing of the proficiency level will be done for the main experiment and the extraneous load ratings regardless of groups do not differ significantly. In terms of between-group effects, those studying English perceived a significantly lower extraneous load across the videos, F(1, 43) = 9.414, p = 0.004, r = 0.47, than the others. A significantly lower extraneous load was also found for the philosophy students when compared to those who did not follow any philosophy course, F(1, 43) = 5.535, p = 0.023, r = 0.36 (Appendix, Table 11.3). It could be expected that the English students had fewer problems with a course taught in English (extraneous load) given their proficiency level. Experience with philosophy on the other hand was expected to have an effect on content comprehension (intrinsic load) instead of extraneous load, which was not found.

In contrast to the findings of the first pilot study, we no longer found a difference between the cognitive loads of the three lectures for all participants. However, we found two significant interaction effects with the between-group English variable.

We draw two conclusions from these findings. Firstly, the importance of participant surveillance and double-checking mechanisms to verify the viewing and proper answering of the questionnaires and tests cannot be underestimated. The significant main effect of the lectures on total and intrinsic load in the first pilot study disappeared in the second pilot study. The contrast between these findings, with data noise filtering being the only difference, is striking. Secondly, in similar within-subject studies it is key to accurately assess participant profiles, prior knowledge and language proficiency.

With regard to the comprehension scores, R2 again received the lowest mean score and T3 the highest, with P1 scoring in between (Appendix, Table 12.1). However, a mixed ANOVA revealed no significant main within-subject effects for all participants and no interaction effects (Appendix, Table 12.2). The optimisation of the comprehension tests for this particular within-subject experiment clearly helped. Both the cognitive load ratings and comprehension test scores indicate that the lectures and the comprehension tests are comparable.

Despite these already promising results, we decided to improve the comprehension test even further to flatten out minor insignificant differences that may still be present between the tests. Based on several guidelines (Demeuse & Henry, 2004; Professional Testing, 2020), advice from statisticians from the University of Antwerp on test item analyses and parts of the Item Response Theory (Baker,

2001), we decided to disregard a number of questions in the test. Three variables were used to decide which questions to disregard: difficulty, discrimination and reliability.

The difficulty score of a question is based on the percentage of examinees having answered that question correctly. Since the threshold for what is considered to be a difficult or an easy question is arbitrary, we adhere to the guidelines of the University of Antwerp: if less than 10% of the participants answer correctly, the question is considered to be difficult, whereas a question is easy when more than 90% answer it correctly. Questions that are too difficult or too easy would no longer be considered in future testing. The discrimination score reveals whether a question is in line with what is assessed, assuming that an examinee with high overall testing scores has a higher chance of answering a question correctly. If a question tends to be answered correctly more often by examinees who obtain lower overall scores, while the better examinees tend to answer that question incorrectly, that question can be considered to not be discriminating and not in line with what is assessed. In our university guidelines, the discrimination score for each question is calculated by deducting the number of correct answers in the worst scoring 25% of the participants from the number of correct answers in the best scoring 25% of the students and dividing that number by the largest of those two numbers. It is advised that questions with discrimination scores lower than 0.20 are disregarded in future testing. Our university guidelines determine reliability/consistency with the Pearson point-biserial correlation coefficient between the question and the total scores and should ideally be equal to or higher than 0.15. Similar to the discrimination score, this variable reveals whether the question is in line with what the entire test wants to assess.

When a question was flagged for two of the three variables, we decided to disregard the question in further analyses. We chose to exempt questions instead of discarding them to maintain an equal number of questions and safeguard the similarities between the comprehension tests for the three lectures. This eventually led to three twelve-question tests, but for P1 the scores of only 10 distinct questions were considered, for R2 10 questions and for T3 11 questions. When we compared the newly weighted average scores of the three tests (Appendix, Table 13.1), we see highly similar scores. After verifying sphericity with Maulchy's test of sphericity, $X^2(2) = 2.503$, p = 0.286, a mixed ANOVA again revealed no significant main within-subject effect for all participants, F(2, 88) = 0.469, p = 0.627, and no interaction effects (Appendix, Table 13.2).

Although this additional enhancement was not required, it clearly strengthened the similarity of the tests in terms of test scores and can be used as another example of adjusting the materials to benefit comparability in within-subject studies.

Since Mellinger and Hanson (2018, p. 16) warned that there might still be order effects despite having counterbalanced orders, we checked whether psychometric ratings, comprehension scores and recoded comprehension scores for each lecture differed when it was watched first compared to when it was watched second or third. No real pattern in cognitive load or comprehension could be detected (see Table 4).

Table 4.

	Place in series	Piketty (P1)	Rousseau (R2)	Tocqueville (T3)
	1	6.2206	5.5694	4.9667
Intrinsic Load	2	5.8214	6.0294	5.1471
	3	5.3750	5.1667	5.8438
	1	3.0000	3.4167	2.6000
Extraneous Load	2	3.0357	3.1029	3.1324
	3	3.5000	2.9167	3.0156
	1	4.6103	4.4931	3.7833
Total Load	2	4.4286	4.5662	4.1397
	3	4.4375	4.0417	4.4297
Comprehension	1	51.18%	47.22%	46.06%
	2	44.29%	51.76%	55.08%
	3	53.53%	50.00%	48.30%

Second Pilot Study – Mean Cognitive Load Ratings & Comprehension Scores Based on Order

4. Conclusions

The use of within-subject designs is rather scarce in the body of research into AVT cognition, reception and perception. The aim of this article is not to plea for within-subject studies to take over the world of AVTCRP research. As Bernardini did in 2001 for TAP-based research, we advocate for more frequent use of within-subject designs in AVT research, conducted alongside between-subject studies. Within-subject designs could give additional insight into the idiosyncratic nature of perception, cognition and comprehension of AVT, and could increase statistical power in studies with limited sample sizes.

However, to safeguard validity, careful preparation and pre-testing of research materials and experimental set-up (preferably using at least two pilot studies) is key. A within-subject design might minimize characteristic influences due to the same participants being tested, but it also has a higher risk of undesirable influences from the materials or experimental setup. In this paper, we proposed a ten-step preparation of a within-subject AVTCRP study, which may guide or inspire future research. Based on the experience gained in the S4AE project, we can conclude it is rather challenging to develop materials and tools that are comparable in content and language (complexity), style, length, etc. We have also demonstrated the necessity to be cautious of initial subjective or intuitive assessment of comparability and to pre-test materials and measurement tools using objective measures. Additionally, we have shown that, instead of creating new materials or refurbishing measurement tools, there are other options to allow for valid and reliable results, for example, by recoding comprehension test scores based on an approach from educational research.

Studies (e.g., translation process research) or even other fields (e.g., Psychology) may be useful to guide this pre-testing phase.

We acknowledge that the ten-step proposal needs adaptation dependent on specific research goals, as well as further refinement. We acknowledge limitations in our approach, such as potential bias in the initial preparatory steps and the relatively small participant sub-groups, particularly in the second pilot study. However, we hope that this proposal will spark a disciplinary debate on the use of within-subject (or mixed) design in AVT research and the ways in which methodological preparations can be approached.

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Appendix

Table 5.

First Pilot – Total Load

5.1 - First Pilot Study - Descriptive Statistics									
Lecture	English	Philosophy	Mean	Standard Deviation	N				
		No	5	1.57784	13				
	No	Yes	5.3125	1.55373	10				
		Total	5.1359	1.53968	23				
		No	4.1477	1.20307	22				
Piketty (P1)	Yes	Yes	4.3625	1.17689	30				
		Total	4.2716	1.18112	52				
		No	4.4643	1.39543	35				
	Total	Yes	4.6	1.32687	40				
		Total	4.5367	1.35173	75				
		No	5.5481	1.54071	13				
	No	Yes	s 4.4375 0.981		10				
		Total	5.0652	1.41616	23				
	Yes	No	4.5455	0.99892	22				
Rousseau (R2)		Yes	4.1875	1.54834	30				
		Total	4.3389	1.34386	52				
		No	4.9179	1.3022	35				
	Total	Yes	4.25	1.42015	40				
		Total	4.5617	1.39805	75				
		No	4.3269	1.18973	13				
	No	Yes	4.325	1.41446	10				
		Total	4.3261	1.26117	23				
		No	3.9489	0.96413	22				
Tocqueville (T3)	Yes	Yes	4.0583	1.36881	30				
		Total	4.012	1.20463	52				
		No	4.0893	1.05265	35				
	Total	Yes	4.125	1.36696	40				
		Total	4.1083	1.22239	75				

5.2 - First Pilot Study - Test of Within-Subject Effects										
Source		Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared			
Total	Sphericity Assumed	11.645	2	5.822	5.87	0.004*	0.076			
Total * English	Sphericity Assumed	2.622	2	1.311	1.322	0.27	0.018			
Total * Philosophy	Sphericity Assumed	8.66	2	4.33	4.366	0.014*	0.058			
Total * English * Philosophy	Sphericity Assumed	1.536	2	0.768	0.774	0.463	0.011			
Error (Intrinsic)	Sphericity Assumed	140.845	142	0.992						

5.3 - First Pilot Study - Post-Hoc Pairwise Comparisons (Bonferroni)										
		Mean Standard		Cignificance	95% Confidence Interval for Difference					
10	lai	Difference Error		Significance	Lower	Upper				
					Bound	Bound				
Dikotty (D1)	Rousseau (R2)	0.026	0.176	1	-0.407	0.459				
PIKELLY (P1)	Tocqueville (T3)	0.541	0.156	0.003*	0.158	0.924				
	Piketty (P1)	-0.026	0.176	1	-0.459	0.407				
Rousseau (RZ)	Tocqueville (T3)	0.515	0.199	0.035*	0.027	1.003				
Tocqueville (T3)	Piketty (P1)	-0.541	0.156	0.003*	-0.924	-0.158				
	Rousseau (R2)	-0.515	0.199	0.035*	-1.003	-0.027				

11.4 - First Pilot Study - Test of Between-Subject Effects											
Source Type III Sum of Squares <i>df</i> Mean Square <i>F</i> Significance Partial Eta Square											
Intercept	1276.476	1	1276.476	1248.379	0.000*	0.946					
English	5.947	1	5.947	5.816	0.018*	0.076					
Philosophy	0.302	1	0.302	0.295	0.588	0.004					
English * Philosophy	0.255	1	0.255	0.25	0.619	0.004					
Error	72.598	71	1.023								

Table 6.

First Pilot – Intrinsic Load

6.1 - First Pilot Study - Descriptive Statistics									
Lecture	English	Philosophy	Mean	Standard Deviation	N				
		No	5.8077	1.54837	13				
	No	Yes	6.725	1.41151	10				
		Total	6.2065	1.52936	23				
[No	5.4091	1.49114	22				
Piketty (P1)	Yes	Yes	5.6	1.20631	30				
		Total	5.5192	1.32366	52				
[No	5.5571	1.50255	35				
	Total	Yes	5.8813	1.33612	40				
		Total	5.73	1.41586	75				
		No	6.2885	1.45361	13				
	No	Yes	5.775	1.62211	10				
		Total	6.0652	1.51548	23				
[Yes	No	5.75	1.20515	22				
Rousseau (R2)		Yes	5.375	1.83212	30				
		Total	5.5337	1.59428	52				
		No	5.95	1.30863	35				
	Total	Yes	5.475	1.7703	40				
		Total	5.6967	1.57969	75				
		No	5.1346	1.51594	13				
	No	Yes	5.375	1.7129	10				
		Total	5.2391	1.57119	23				
		No	5.1364	1.24098	22				
Tocqueville (T3)	Yes	Yes	4.9917	1.59131	30				
		Total	5.0529	1.44196	52				
[No	5.1357	1.32751	35				
	Total	Yes	5.0875	1.60882	40				
		Total	5.11	1.47458	75				

	6.2 - First Pilot Study - Test of Within-Subject Effects									
Source	Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared				
Intrinsic	Sphericity Assumed	19.639	2	9.819	7.479	0.001*	0.095			
Intrinsic * English	Sphericity Assumed	2.551	2	1.275	0.971	0.381	0.013			
Intrinsic * Philosophy	Sphericity Assumed	7.796	2	3.898	2.969	0.055	0.04			
Intrinsic * English * Philosophy	Sphericity Assumed	1.484	2	0.742	0.565	0.57	0.008			
Error (Intrinsic)	Sphericity Assumed	186.439	142	1.313						

6.3 - First Pilot Study - Post-Hoc Pairwise Comparisons (Bonferroni)											
Intrinsic		Mean Standard		Standard Significance		95% Confidence Interval for Difference					
		Dijjerence	Error		Lower Bound	Upper Bound					
Dilectty (D1)	Rousseau (R2)	0.088	0.189	1	-0.374	0.551					
PIKELLY (P1)	Tocqueville (T3)	0.726	0.191	0.001*	0.257	1.195					
Douccoory (D2)	Piketty (P1)	-0.088	0.189	1	-0.551	0.374					
Rousseau (RZ)	Tocqueville (T3)	0.638	0.232	0.023*	0.069	1.206					
Tocqueville (T3)	Piketty (P1)	-0.726	0.191	0.001*	-1.195	-0.257					
	Rousseau (R2)	-0.638	0.232	0.023*	-1.206	-0.069					

6.4 - First Pilot Study - Test of Between-Subject Effects										
Source	Source Type III Sum of Squares df Mean Square F Significance Partial Eta Squa									
Intercept	1972.032	1	1972.032	1469.735	0.000*	0.954				
English	3.514	1	3.514	2.619	0.11	0.036				
Philosophy	0.043	1	0.043	0.032	0.858	0				
English * Philosophy	0.411	1	0.411	0.307	0.582	0.004				
Error	95.265	71	1.342							

Table 7.

First Pilot – Extraneous Load

7.1 - First Pilot Study - Descriptive Statistics									
Lecture	English	Philosophy	Mean	Standard Deviation	N				
		No	4.1923	2.01854	13				
	No	Yes	3.9	2.322	10				
		Total	4.0652	2.10953	23				
		No	2.8864	1.56739	22				
Piketty (P1)	Yes	Yes	3.125	1.69526	30				
		Total	3.024	1.63094	52				
		No	3.3714	1.83449	35				
	Total	Yes	3.3188	1.86996	40				
		Total	3.3433	1.84115	75				
		No	4.8077	2.06447	13				
	No	Yes	3.1	1.51932	10				
		Total	4.0652	2.00456	23				
		No	3.3409	1.52469	22				
Rousseau (R2)	Yes	Yes	3	1.90621	30				
		Total	3.1442	1.74709	52				
		No	3.8857	1.85934	35				
	Total	Yes	3.025	1.79904	40				
		Total	3.4267	1.86575	75				
		No	3.5192	1.58266	13				
	No	Yes	3.275	1.52046	10				
		Total	3.413	1.52556	23				
		No	2.7614	1.46685	22				
Tocqueville (T3)	Yes	Yes	3.125	1.92729	30				
		Total	2.9712	1.74098	52				
		No	3.0429	1.53331	35				
	Total	Yes	3.1625	1.81655	40				
		Total	3.1067	1.68016	75				

	7.2 - First Pilot Study - Test of Within-Subject Effects								
Source		Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared		
Extraneous	Sphericity Assumed	5.872	2	2.936	2.369	0.097	0.032		
Extraneous * English	Sphericity Assumed	2.704	2	1.352	1.091	0.339	0.015		
Extraneous * Philosophy	Sphericity Assumed	11.354	2	5.677	4.58	0.012*	0.061		
Extraneous * English * Philosophy	Sphericity Assumed	1.669	2	0.835	0.673	0.512	0.009		
Error (Intrinsic)	Sphericity Assumed	176.009	142	1.24					

7.3 - First Pilot Study - Test of Between-Subject Effects									
Source	Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared			
Intercept	731.597	1	731.597	320.49	0.000*	0.819			
English	9.018	1	9.018	3.95	0.051	0.053			
Philosophy	1.708	1	1.708	0.748	0.39	0.01			
English * Philosophy	2.728	1	2.728	1.195	0.278	0.017			
Error	162.075	71	2.283						

Table 8.

First Pilot – Comprehension

	8.1 - First Pilot Study - Descriptive Statistics (Absolute Score)								
Lecture	English	Philosophy	Mean	Standard Deviation	N				
		No	6.08	1.706	13				
	No	Yes	7.1	2.079	10				
Piketty (P1)		Total	6.52	1.904	23				
		No	6.18	1.967	22				
	Yes	Yes	6.17	2.019	30				
		Total	6.17	1.978	52				
		No	6.14	1.849	35				
	Total	Yes	6.4	2.048	40				
		Total	6.28	1.949	75				
		No	4.08	0.862	13				
	No	Yes	5.1	2.025	10				
		Total	4.52	1.534	23				
		No	5.23	1.744	22				
Rousseau (R2)	Yes	Yes	5.93	2.164	30				
		Total	5.63	2.01	52				
		No	4.8	1.568	35				
	Total	Yes	5.73	2.136	40				
		Total	5.29	1.937	75				
		No	6	2.198	13				
	No	Yes	6.3	2.83	10				
		Total	6.13	2.437	23				
		No	6.86	1.833	22				
Tocqueville (T3)	Yes	Yes	7.6	1.976	30				
		Total	7.29	1.934	52				
		No	6.54	1.99	35				
	Total	Yes	7.28	2.253	40				
		Total	6.93	2.152	75				

	8.2 - First Pilot Study - Test of Within-Subject Effects									
Source		Type III Sum of Squares df		Mean Square	F	Significance	Partial Eta Squared			
Comprehension	Greenhouse- Geisser	90.913	1.707	53.269	12.419	0.000*	0.149			
Comprehension * English	Greenhouse- Geisser	22.021	1.707	12.903	3.008	0.061	0.041			
Comprehension * Philosophy	Greenhouse- Geisser	1.305	1.707	0.764	0.178	0.803	0.003			
Comprehension * English * Philosophy	Greenhouse- Geisser	4.252	1.707	2.492	0.581	0.535	0.008			
Error (Intrinsic)	Greenhouse- Geisser	519.755	121.174	4.289						

8.3 - First Pilot Study - Post-Hoc Pairwise Comparisons (Bonferroni)									
Comprehension		Mean	Standard		95% Confidence Interval for				
		Difference	Frror	Significance	Difference				
			Enor		Lower Bound	Upper Bound			
	Rousseau (R2)	1.297	0.353	0.001*	0.431	2.163			
FIRELLY (F1)	Tocqueville (T3)	-0.31	0.393	1	-1.274	0.654			
Boussoou (B2)	Piketty (P1)	-1.297	0.353	0.001*	-2.163	-0.431			
Rousseau (RZ)	Tocqueville (T3)	-1.607	0.268	0.000*	-2.263	-0.95			
Tocqueville (T3)	Piketty (P1)	0.31	0.393	1	-0.654	1.274			
	Rousseau (R2)	1.607	0.268	0.000*	0.95	2.263			

8.4 - First Pilot Study - Test of Between-Subject Effects									
Source	Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared			
Intercept	2291.919	1	2291.919	1559.916	0.000*	0.956			
English	4.786	1	4.786	3.258	0.075	0.044			
Philosophy	6.187	1	6.187	4.211	0.044*	0.056			
English * Philosophy	0.367	1	0.367	0.25	0.619	0.004			
Error	104.317	71	1.469						

Table 9.

Second Pilot – Total Load

	9.1 - Second Pilot Study - Descriptive Statistics								
Lecture	English	Philosophy	Mean	Standard Deviation	N				
		No	5.4583	0.98027	9				
	No	Yes	5.0556	2.07017	9				
		Total	5.2569	1.5849	18				
		No	4.2989	1.82343	23				
Piketty (P1)	Yes	Yes	2.9792	1.11079	6				
		Total	4.0259	1.76883	29				
		No	4.625	1.69944	32				
	Total	Yes	4.225	1.99955	15				
		Total	4.4973	1.78849	47				
		No	4.7639	1.07972	9				
	No	Yes	4.3889	2.46969	9				
		Total	4.5764	1.85907	18				
		No	4.538	1.40991	23				
Rousseau (R2)	Yes	Yes	3.2917	0.32275	6				
		Total	4.2802	1.35812	29				
		No	4.6016	1.31233	32				
	Total	Yes	3.95	1.95759	15				
		Total	4.3936	1.55601	47				
		No	4.2917	1.29452	9				
	No	Yes	4.3333	2.03869	9				
		Total	4.3125	1.65679	18				
		No	4.0978	1.70684	23				
Tocqueville (T3)	Yes	Yes	3.375	0.67082	6				
		Total	3.9483	1.56785	29				
		No	4.1523	1.5836	32				
	Total	Yes	3.95	1.66489	15				
		Total	4.0878	1.5946	47				

	9.2 - Second Pilot Study - Test of Within-Subject Effects								
Source		Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared		
Total	Sphericity Assumed	3.321	2	1.661	2.808	0.066	0.061		
Total * English	Sphericity Assumed	6.19	2	3.095	5.234	0.007*	0.109		
Total * Philosophy	Sphericity Assumed	1.525	2	0.763	1.29	0.281	0.029		
Total * English * Philosophy	Sphericity Assumed	0.028	2	0.014	0.024	0.976	0.001		
Error (Intrinsic)	Sphericity Assumed	50.856	86	0.591					

9.3 - Second Pilot Study - Test of Between-Subject Effects									
Source	Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared			
Intercept	665.07	1	665.07	300.181	0.000*	0.875			
English	8.382	1	8.382	3.783	0.058	0.081			
Philosophy	4.163	1	4.163	1.879	0.178	0.042			
English * Philosophy	1.675	1	1.675	0.756	0.389	0.017			
Error	95.269	43	2.216						

Table 10.

Second Pilot – Intrinsic Load

	-	10.1 - Second Pilot	Study - Descriptiv	e Statistics	
Lecture	English	Philosophy	Mean	Standard Deviation	N
		No	6.1111	1.36994	9
	No	Yes	6.1667	1.82431	9
		Total	6.1389	1.5653	18
		No	5.6957	2.03235	23
Piketty (P1)	Yes	Yes	5.2917	2.19896	6
		Total	5.6121	2.03385	29
		No	5.8125	1.85785	32
	Total	Yes	5.8167	1.95591	15
		Total	5.8138	1.86826	47
		No	5.2778	1.38318	9
	No	Yes	5.5278	2.35001	9
		Total	5.4028	1.87503	18
		No	5.9457	1.38981	23
Rousseau (R2)	Yes	Yes	5.3333	1.21106	6
		Total	5.819	1.35768	29
		No	5.7578	1.39914	32
	Total	Yes	5.45	1.92075	15
		Total	5.6596	1.56943	47
		No	4.7222	1.38318	9
	No	Yes	5.6667	2.22907	9
		Total	5.1944	1.86405	18
		No	5.3152	1.84978	23
Tocqueville (T3)	Yes	Yes	5.4583	1.22899	6
		Total	5.3448	1.72095	29
		No	5.1484	1.73072	32
	Total	Yes	5.5833	1.84116	15
		Total	5.2872	1.7585	47

	10.2 - Second Pilot Study - Test of Within-Subject Effects								
Source		Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared		
Intrinsic	Greenhouse- Geisser	5.138	1.676	3.066	2.913	0.07	0.063		
Intrinsic * English	Greenhouse- Geisser	4.568	1.676	2.725	2.589	0.091	0.057		
Intrinsic * Philosophy	Greenhouse- Geisser	3.211	1.676	1.915	1.82	0.175	0.041		
Intrinsic * English * Philosophy	Greenhouse- Geisser	0.218	1.676	0.13	0.124	0.849	0.003		
Error (Intrinsic)	Greenhouse- Geisser	75.862	72.074	1.053					

10.3 - Second Pilot Study - Test of Between-Subject Effects									
Source	Type III Sum of Squares	ype III Sum of Squares df Mean Square F Significance Partial Eta Squarec							
Intercept	1136.857	1	1136.857	447.087	0.000*	0.912			
English	0.048	1	0.048	0.019	0.891	0			
Philosophy	0.036	1	0.036	0.014	0.905	0			
English * Philosophy	1.158	1	1.158	0.456	0.503	0.01			
Error	109.341	43	2.543						

Table 11.

Second Pilot – Extraneous Load

	11.1 - Second Pilot Study - Descriptive Statistics									
Lecture	English	Philosophy	Mean	Standard Deviation	N					
		No	4.8056	0.86402	9					
	No	Yes	3.9444	2.84983	9					
		Total	4.375	2.09033	18					
		No	2.9022	2.05567	23					
Piketty (P1)	Yes	Yes	0.6667	0.6455	6					
		Total	2.4397	2.0601	29					
-		No	3.4375	1.98685	32					
	Total	Yes	2.6333	2.74816	15					
		Total	3.1809	2.25886	47					
		No	4.25	1.05327	9					
	No	Yes	3.25	2.9128	9					
		Total	3.75	2.18619	18					
	Yes	No	3.1304	1.93189	23					
Rousseau (R2)		Yes	1.25	0.80623	6					
		Total	2.7414	1.91036	29					
		No	3.4453	1.78788	32					
	Total	Yes	2.45	2.47162	15					
		Total	3.1277	2.05751	47					
		No	3.8611	1.51096	9					
	No	Yes	3	2.33854	9					
		Total	3.4306	1.96065	18					
		No	2.8804	1.9712	23					
Tocqueville (T3)	Yes	Yes	1.2917	0.8279	6					
		Total	2.5517	1.89852	29					
		No	3.1563	1.88345	32					
	Total	Yes	2.3167	2.02984	15					
		Total	2.8883	1.94964	47					

11.2 - Second Pilot Study - Test of Within-Subject Effects									
Source		Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared		
Extraneous	Sphericity Assumed	1.976	2	0.988	1.581	0.212	0.035		
Extraneous * English	Sphericity Assumed	8.208	2	4.104	6.567	0.002*	0.132		
Extraneous * Philosophy	Sphericity Assumed	0.501	2	0.251	0.401	0.671	0.009		
Extraneous * English * Philosophy	Sphericity Assumed	0.529	2	0.264	0.423	0.657	0.01		
Error (Intrinsic)	Sphericity Assumed	53.745	86	0.625					

11.3 - Second Pilot Study - Test of Between-Subject Effects								
Source	Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared		
Intercept	319.001	1	319.001	96.762	0.000*	0.692		
English	31.037	1	31.037	9.414	0.004*	0.18		
Philosophy	18.249	1	18.249	5.535	0.023*	0.114		
English * Philosophy	2.286	1	2.286	0.693	0.41	0.016		
Error	141.761	43	3.297					

Table 12.

Second Pilot – Comprehension

	12.1 - Second Pilot Study - Descriptive Statistics (Absolute Score)										
Lecture	English	Philosophy	Mean	Standard Deviation	N						
		No	5.8	1.874	10						
	No	Yes	5.67	2.598	9						
		Total	5.74	2.182	19						
		No	6.3	2.055	23						
Piketty (P1)	Yes	Yes	5.5	2.168	6						
-		Total	6.14	2.065	29						
		No	6.15	1.986	33						
	Total	Yes	5.6	2.354	15						
		Total	5.98	2.099	48						
		No	5.4	1.647	10						
	No	Yes	6	1.871	9						
		Total	5.68	1.734	19						
	Yes	No	4.91	2.021	23						
Rousseau (R2)		Yes	6.33	2.733	6						
		Total	5.21	2.21	29						
		No	5.06	1.903	33						
	Total	Yes	6.13	2.167	15						
		Total	5.4	2.029	48						
		No	6.9	1.663	10						
	No	Yes	5.78	1.787	9						
		Total	6.37	1.77	19						
		No	6.13	2.096	23						
Tocqueville (T3)	Yes	Yes	6.67	2.503	6						
		Total	6.24	2.149	29						
		No	6.36	1.981	33						
	Total	Yes	6.13	2.066	15						
		Total	6.29	1.989	48						

12.2 - Second Pilot Study - Test of Within-Subject Effects									
Source		Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared		
Comprehension	Sphericity Assumed	10.483	2	5.241	2.454	0.092	0.053		
Comprehension * English	Sphericity Assumed	0.288	2	0.144	0.067	0.935	0.002		
Comprehension * Philosophy	Sphericity Assumed	12.396	2	6.198	2.902	0.06	0.062		
Comprehension * English * Philosophy	Sphericity Assumed	6.61	1.91	3.461	1.547	0.22	0.034		
Error (Intrinsic)	Sphericity Assumed	187.98	88	2.136					

12.3 - Second Pilot Study - Test of Between-Subject Effects								
Source	ype III Sum of Squares df Mean Square F Significance Partial Eta Squar							
Intercept	1344.354	1	1344.354	477.098	0.000*	0.916		
English	0.024	1	0.024	0.009	0.926	0		
Philosophy	0.065	1	0.065	0.023	0.88	0.001		
English * Philosophy	0.862	1	0.862	0.306	0.583	0.007		
Error	123.982	44	2.818					

Table 13.

\mathcal{L}	Second	Pilot –	Recoded	Com	preher	ision
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	13.1 - S	econd Pilot Study -	Descriptive Statist	tics (Percentage)	
Lecture	English	Philosophy	Mean	Standard Deviation	N
		No	0.48	0.18738	10
	No	Yes	0.4778	0.25386	9
		Total	0.4789	0.21494	19
		No	0.5217	0.2044	23
Piketty (P1)	Yes	Yes	0.4833	0.24833	6
		Total	0.5138	0.20997	29
		No	0.5091	0.19743	33
	Total	Yes	0.48	0.2426	15
		Total	0.5	0.21037	48
		No	0.5	0.18257	10
	No	Yes	0.5667	0.15	9
		Total	0.5316	0.16684	19
	Yes	No	0.4435	0.21068	23
Rousseau (R2)		Yes	0.5833	0.25626	6
		Total	0.4724	0.22344	29
		No	0.4606	0.20146	33
	Total	Yes	0.5733	0.19074	15
		Total	0.4958	0.20312	48
		No	0.5545	0.13853	10
	No	Yes	0.4545	0.17604	9
		Total	0.5072	0.16125	19
		No	0.4822	0.18678	23
Tocqueville (T3)	Yes	Yes	0.5455	0.22268	6
		Total	0.4953	0.19221	29
		No	0.5041	0.17471	33
	Total	Yes	0.4909	0.19376	15
		Total	0.5	0.17889	48

13.2 - Second Pilot Study - Test of Within-Subject Effects									
Source		Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared		
Recoded Comprehension	Sphericity Assumed	0.02	2	0.01	0.469	0.627	0.011		
Recoded Comprehension * English	Sphericity Assumed	0.009	2	0.005	0.215	0.807	0.005		
Recoded Comprehension * Philosophy	Sphericity Assumed	0.095	2	0.048	2.19	0.118	0.047		
Recoded Comprehension * English * Philosophy	Sphericity Assumed	0.047	2	0.024	1.089	0.341	0.024		
Error (Intrinsic)	Sphericity Assumed	1.913	88	0.022					

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13.3 - Second Pilot Study - Test of Between-Subject Effects									
Source	Type III Sum of Squares	df	Mean Square	F	Significance	Partial Eta Squared			
Intercept	9.792	1	9.792	383.85	0.000*	0.897			
English	0	1	0	0.007	0.934	0			
Philosophy	0.004	1	0.004	0.172	0.68	0.004			
English * Philosophy	0.011	1	0.011	0.415	0.523	0.009			
Error	1.122	44	0.026						